

# DIY Pumpkin Beauty Products

Everything I used is below:



- Mashed Pumpkin
- Brown Sugar
- Coconut Oil
- Olive Oil
- Yoghurt
- 1 egg
- Honey
- Measuring cups
- Spoons
- Containers to store the products in



## Pumpkin Body Sugar Scrub

Mix 1 cup of pumpkin mash with 1 cup of sugar. Add a tablespoon of olive oil and mix together until you make a paste. Add more sugar if you need to. You don't have to make as much as this it is up to you.

As long as you mix equal parts and make a paste it is all good.



## Pumpkin Body Butter



Mix 1 cup of pumpkin mash with 1 cup of coconut oil. You can make a smaller batch if you wish, but if you are like me you will love this and so will your skin.

I ended up putting the mixture in my blender to get all the lumps of the coconut oil out.

Once mixed it was so smooth and then easily able to be smothered over your skin during a shower.

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**Remember to refrigerate your products**

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## Pumpkin Face Mask for Dry Skin

Mix 1/4 cup of pumpkin with 1 teaspoon of olive oil, 1 teaspoon of honey & 1 whole egg.

Mix until all smooth, then you can test it out. I left it on for 20 minutes. While I did this face mask I also had the Pumpkin Hair Conditioner in. Afterwards had a shower and then had super soft skin and hair.





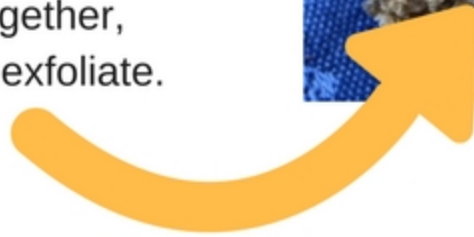
## Products that are good enough to eat!



### Pumpkin Sugar Lip Scrub

Mix 1 teaspoon or 1/4 teaspoon of pumpkin mash with a 1/4 teaspoon of olive oil (or you could use coconut oil), add 1 teaspoon or half a teaspoon of fine sugar (I used brown sugar).

Mix all ingredients together, and then rub on lips to exfoliate.



### Pumpkin Hair Conditioner



Mix 1 cup pumpkin mash and 1 cup of yoghurt, plus a teaspoon of honey.

Massage the conditioner into your scalp and all over your hair.

It might be a good idea to wear a shower cap to ensure there is no mess.

Leave for 30 minutes.

Have a shower afterwards to make sure it is all washed out.

